

# GOLD Therapy at Each Stage of COPD

- $FEV_1/FVC < 0.70$
- $FEV_1 \geq 80\%$  predicted

I: Mild

- $FEV_1/FVC < 0.70$
- $50\% \leq FEV_1 < 80\%$  predicted

II: Moderate

- $FEV_1/FVC < 0.70$
- $30\% \leq FEV_1 < 50\%$  predicted

III: Severe

- $FEV_1/FVC < 0.70$
- $FEV_1 < 30\%$  predicted or  $FEV_1 < 50\%$  predicted plus chronic respiratory failure

IV: Very Severe

Active reduction of risk factor(s): influenza vaccination  
Add short-acting bronchodilator (when needed)

Add regular treatment with one or more long-acting bronchodilators (when needed):  
Add pulmonary rehabilitation

Add inhaled glucocorticosteroids if repeated exacerbations

Add long-term oxygen if chronic respiratory failure  
Consider surgical treatments