



## LESSON 1

REFERENCES: MARK 5:21-43; *THE DESIRE OF AGES*, PP. 342, 343.

# “Wake Up, Little Girl!”

*How do you feel when someone you love is sick? What do you do?*

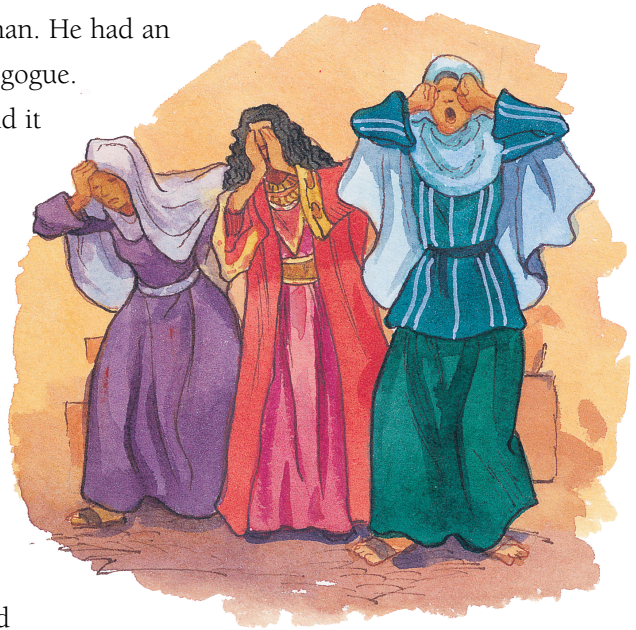
**J**airus was an important man. He had an important job at the synagogue. But that didn't matter, and it didn't help. His daughter was sick, and nothing anyone could do was making her well.

But Jairus knew there was one person who could help. He had heard about the miracles Jesus could do. He had heard that Jesus could make people

well. So Jairus went to see Jesus.

Jairus found Jesus with a crowd of people by the lake. He pushed his way to where Jesus was and fell down at Jesus' feet.

“My little daughter is dying,” Jairus cried. “Please come and heal her so that she may live.”



### Memory Verse

“I pray that you  
may enjoy  
good health.”

3 JOHN 2, NIV.

### The Message

We serve God  
when we pray  
for the sick.

That daddy's prayer touched Jesus' heart. Jesus and Jairus started on the way to Jairus' house.

But before they got there, a man came running toward them through the crowd. "Don't bother Jesus anymore," the man said to Jairus. "Your daughter has died."

But Jesus didn't pay any attention. "Don't be afraid," He told Jairus. "Just believe."

When they reached the house, people were crying and wailing loudly. Jesus sent them all outside. Only Jairus and his wife and three of Jesus' helpers were allowed to go into the house with Jesus.

The little girl was lying on her bed. Her eyes were closed. She was very still. And she wasn't breathing!

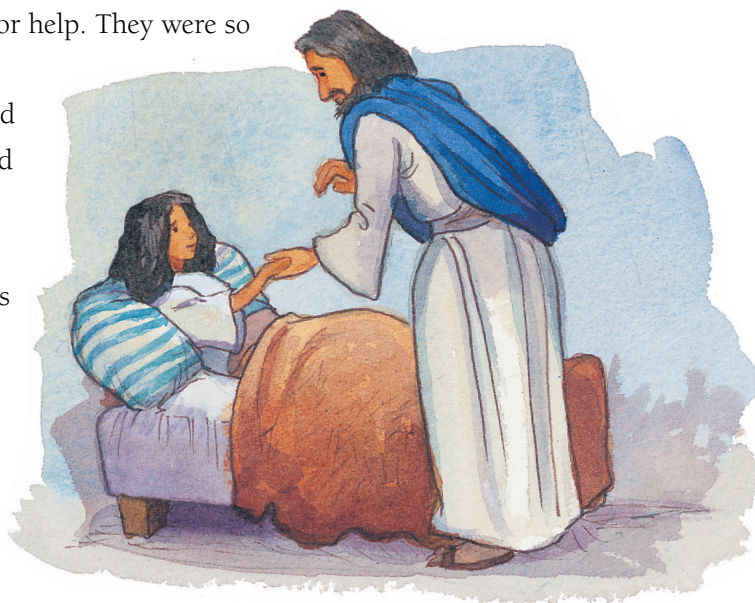
Jesus took her by the hand and said, "Talitha [which means "little girl"], I say to you, get up!"

All of a sudden the little girl started to breathe! Her eyes opened. She stood up and started walking. Jesus turned to her parents and said, "Give her something to eat."

Jairus and his wife were so happy! Jesus had listened to Jairus' cry for help. He had come, even though everyone said it was too late. And now their little girl was alive again! They were so glad they had asked Jesus for help. They were so happy that He had

listened. And they were thrilled to have their little girl alive and well again.

Jesus loved that little girl. And Jesus loves *you*. He always listens when you talk to Him. He always loves us, and His answers are always what is best for us.



# Do and Say

## SABBATH

Each day this week read the lesson story and use the following motions as you review the memory verse.

**“I pray . . . . .** Fold hands.  
**that you . . . . .** Point to others.  
**may enjoy . . . . .** Smile.  
**good health.” . . . .** Clench fists to bulge biceps.  
**3 John 2 . . . . .** Palms together; then open  
as if opening a book.

Put your child’s “hand” made in Sabbath School where you both will see it every day to remind you to pray for that person.

## SUNDAY

Encourage your child to tell the story from the pictures in the Bible lesson or read it with you. Together, think of people you know who are sick and pray for them.

## MONDAY

Help your child sing the “Prayer Song” (*Little Voices Praise Him*, no. 19) learned in Sabbath School to someone who is sick. Do the actions together as you say the memory verse for that person.

## TUESDAY

Make a list of ways your child can encourage the

person they have been praying for this week. (Sing to them, take them a plant or flowers, make a get-well card, say the memory verse for them, etc.) Do one of these today and each day the rest of the week.

## WEDNESDAY

Let your child help you make something (food, card, etc.) to take to a sick friend or family member. Say the memory verse together and pray for them when you visit that person.



## THURSDAY

Help your child pretend to have a broken arm and try to open a package of food with just one hand. Offer help and open it together. Say: Prayer is like that. We help others when we pray for them. During family worship, thank Jesus for healing sick people.

## FRIDAY

Talk about the person your child has been praying for this week. Is the person better? Praise God that He is always listening to our prayers. Continue to pray. If possible, with your parents permission, visit or call the person and pray with them.

