

Tutorial to Sew Your Own Baby Sleep Sack!



When our little guy outgrew his 0-9 mo sleep sack at the age of six months, I came up with this pattern so I could make him a sleep sack that's plenty warm and plenty long!



Supplies:

Warm fabric of choice- less than ½ yard*

Long zipper

Ribbing for neck and cuffs

**I'm not sure how much fabric it took since I already had my fabric on hand. Just print off the pattern pieces and take them with you when you buy your fabric!*



Instructions:

➔ Print and cut out the pattern pieces (pages 10,11,12 of this document) Take them with you when you buy your fabric. This pattern is the next size up after the 0-9 mo sleep sacks. You could scale it down a bit for a smaller baby by printing it at 75% size.

➔ Cut out your pieces, paying attention to where the pattern pieces are to be placed on an edge or on a fold. The front and back end with arrows going down so you can determine the length you want. Mine is about 29 inches from the neckline to the bottom seam which allows for plenty of room for little legs to waddle around.



➡ Pin your zipper in place along the center edge of the front piece. Serge or sew the zipper in place.



➡ Repeat on the other side.



➡ Now it should look like this...



➡ Serge or sew the rest of the center seam shut.



➡ Serge or sew around the sides and bottom shut, leaving the arm and neck areas open.



➡ Fold each sleeve in half. Serge or sew this side (that my fabric marker is laying against) of the sleeve together. Repeat on the second sleeve.



➡ Each sleeve should look like this:



➡ Now you're going to serge or sew THIS side of the sleeve (where my marker is)...



to THIS side of the sleep sack:

You'll definitely want to pin it in place. After you do, then flip it right side out to make sure that you have it on right. Then serge or sew it in place.



➡ Now the sleep sack should look like this (it's inside out)... with only the neck hole and cuffs unfinished:



➡ Cut a strip of ribbing, fold it in half, then pin it to the neck line, like this...



The raw edges should be together, and the ribbing should curve off where the zipper starts.

➡ Serge or sew it in place. It should look like this:



➡ Cut two more strips of ribbing for your cuffs. Mine were 1 1/2 inches by 8 inches.



➡ Fold it in half short end to short end, and sew or serge the short ends together.



➡ Re-fold the ribbing the opposite way, right side out / seam side in. It should look like a cuff now:



➡ Attach a cuff to each sleeve (like you did the neckline) and sew or serge in place.



➡ Optionally, topstitch along the edge of the ribbing to keep it in place.



➞ Optionally, you can add on a little tab (it's drawn onto the pattern) to snap down at the top and cover up the zipper. I just ended up not doing that part.

➞ Insert cuddly baby.



➞ The last and most important step: Please email me a photo of your finished project, including your name and what state you're from! One of my favorite things about sharing my tutorials is getting to see what YOU made using them! I also really appreciate your comments, links, and Pinterest Pins! 😊

Enjoy!!!

~Tracy~

spunkytigrr@gmail.com

www.tracystreasury.com

www.tracystreasury.com

(Like this tutorial? Please comment, link to it or pin it. But don't redistribute it as your own.)



(neck)

(shoulder)

www.tracystreasury.com

↑ Place on Fold!
center Back

Sleep
Sack
back

(side)

Continue shape to
desired length



(wrist)

www.tracystreasury.com

↑ FOLD ↑

(neck)